**Supplementary Table 2.** Average BMI (kg/m2) for men (age 20–69 y) in given prefectures and in Japan as a whole as reported in 2012

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Nagano | Okinawa | Aichi | Japan |
| BMI  (95% CI) | 23.4  (22.9, 23.9) | 24.3  (23.4, 25.2) | 23.5  (22.8, 24.1) | 23.6  (23.5, 23.7) |

The national health and nutrition survey in Japan, 2012 (10). Data have been adjusted for age.

BMI, body mass index; CI, confidence interval.