

# Long-term COVID symptoms, work ability and fitness to work in healthcare workers hospitalized for Sars-Cov-2 infection

SUPPLEMENTARY FILE

## QUESTIONNAIRE Post COVID symptoms and work ability in Healthcare Workers hospitalized for COVID-19 infection

Date: \_\_\_\_\_

o Personal data

Surname and Name	
Date of birth (dd/mm/yy)	
Job category	
Department (at the time of COVID-19 infection)	

o Section 1 - Post-COVID symptoms at recovery from COVID-19 infection

Positive NPS date: \_\_\_\_\_ Negative NPS date: \_\_\_\_\_

Length of hospitalization for COVID-19 days: \_\_\_\_\_

Symptom	Present at COVID-19 recovery (YES/NOT)	Time for resolution (days; if it is not resolved sign "PRESENT")
Cough		
Dyspnea at rest		
Exertional dyspnea		
Arthralgia/myalgia		
Palpitation/tachycardia		
Chest pain		
Anosmia		
Ageusia		
Asthenia		
Headache		
Loss of memory		
Telogen effluvium		

Sleep disorders	
Anxiety/depression	
Other	

Data specification

YES = symptom present NOT= absence of the symptom  
PRESENT: symptom already present

After hospitalization, did you go to medical evaluation at outpatient clinics experienced in Long-COVID, due to the persistence of symptoms related to COVID-19 infection?

YES  NOT

o Section 2 - Post-COVID symptoms at the time of questionnaire administration

Symptoms	Present at the time of questionnaire administration	Clinical course (B-S-W)
Cough		
Dyspnea at rest		
Exertional dyspnea		
Arthralgia/myalgia		
Palpitation/tachycardia		
Chest pain		
Anosmia		
Ageusia		
Asthenia		
Headache		
Loss of memory		
Telogen effluvium		
Sleep disorders		
Anxiety/depression		
Other		

Data specification

YES = present NOT= absent  
B= it getting better S = clinically stable W = it getting worse

o Section 3 - Screening on perceived work ability (WA)

1. Considering your WA before infection as 10, please give a score from 0 to 10 to your WA at the time of recovery from COVID-19 infection (negative NPS):

0 1 2 3 4 5 6 7 8 9 10

2. Considering your WA before infection as 10, please give a score from 0 to 10 to your WA at this moment (time of questionnaire administration):

0 1 2 3 4 5 6 7 8 9 10

3. (If WA score right now improved compared with the score at the time of COVID-19 recovery) How long did it take to get this improvement?

- < 3 months
- 3-6 months
- 6-9 months
- 9-12 months
- >12 months