

# The need for consensus terminology in aesthetic medicine research

*Luis Felipe Echeverri-Cataño<sup>1</sup>, Maria Camila Montes-Montoya<sup>2</sup>, Gladis Arroyave-Estrada<sup>3</sup>*

<sup>1</sup>Research Group Hospital Universitario San Jorge, E.S.E Hospital Universitario San Jorge, Pereira, Colombia; <sup>2</sup>Biomedicine Research Group, Faculty of Medicine, Institución Universitaria Visión de las Américas, Pereira, Colombia; <sup>3</sup>Research Group ACICME, Colombian Association of Aesthetic Medicine, Medellín, Colombia

**Key words:** systematized nomenclature of medicine, aesthetics, plastic surgery procedures

## To the Editor,

We write to express our deep concern about the lack of standardized terminology in the field of aesthetic medicine and its impact on research and reporting. This deficiency significantly hinders scientific communication, collaboration among researchers, and the transfer of knowledge in this rapidly growing area.

In our experience as researchers, specifically in the field of aesthetic medicine, we have observed a notable variability in the way cases are reported, procedures are named, and interventions are described. This lack of consensus in language hinders the accurate understanding of scientific findings and limits the ability to compare research from different groups, populations, events arising from the same, and the quantification of the phenomenon.

Furthermore, the absence of specific MeSH terms for aesthetic medicine makes it difficult to search for and retrieve relevant information in global bibliographic databases. This restricts access to knowledge and delays scientific progress in the discipline.

To address this issue, we propose the creation of consensus terminology and the incorporation of specific MeSH terms for aesthetic medicine. This initiative would allow for improved scientific communication, promoting collaboration and accelerating scientific progress.

We believe that the creation of consensus terminology and MeSH terms for aesthetic medicine is a crucial step for the advancement of the discipline. We urge the scientific community to join this effort and work together to establish a common language that benefits everyone who is involved.

Thank you for your attention to this important matter.

**Conflict of Interests:** The authors declare no commercial interest that they may have in the subject of study, neither a source of any financial or material support.

## References

1. de Sanctis Pecora C, Trindade de Almeida A, Figueredo V, et al. IncobotulinumtoxinA for Aesthetic Treatments: Review and Recommendations From Latin America. *Dermatol Surg.* 2024; 50(9S):S24-S34.

## Correspondence:

Received: 21 August 2024

Accepted: 28 October 2024

Maria Camila Montes-Montoya

E-mail: grupodeinvestigacionacicme@gmail.com

Phone: +573136013926