

# The role of serum lactate dehydrogenase / pleural fluid adenosine deaminase ratio and cancer ratio plus in the diagnosis of malignant pleural effusion: A retrospective study

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**Abstract.** *Background:* While serum LDH to pleural fluid ADA ratio (sLDH/pADA) and CRp, as calculated by dividing sLDH/pADA by the percentage of pleural fluid lymphocytes, show potential in identifying malignant pleural effusion (MPE), their diagnostic value in tuberculosis-endemic countries remains unclear. *Aims:* This study assessed their utility in distinguishing MPE among patients with exudative pleural effusion (PE). *Methods:* This retrospective study was conducted at Department of Pulmonary Medicine, Cho Ray Hospital (Vietnam) from January 2023 to June 2024, including patients with PE who met the inclusion criteria. All patients underwent blind pleural biopsy or pleural fluid cellblock analysis to confirm or exclude MPE. Clinical, laboratory, and pleural fluid data were collected. The optimal cut-off values, AUC, sensitivity, and specificity of sLDH/pADA and CRp were calculated to diagnose MPE. *Results:* 204 patients with exudative PE were classified into MPE (n=119, 58.3%) and non-MPE (n=85, 41.7%) groups. Compared to the non-MPE group, patients with MPE were older, had higher serum LDH, sLDH/pADA, and CRp (all  $p < 0.05$ ). They also had a lower pleural neutrophil ratio and ADA (all  $p < 0.05$ ). For sLDH/pADA, the optimal cut-off value was 20, yielding an AUC of 0.85 with 85% sensitivity and 79% specificity. For CRp, the optimal threshold was 18, corresponding to an AUC of 0.72, 73% sensitivity, and 58% specificity. *Conclusion:* sLDH/pADA showed high sensitivity and good diagnostic value for identifying MPE, while CRp did not enhance accuracy. The findings support sLDH/pADA as a useful tool for distinguishing MPE, especially in tuberculosis-endemic regions. ([www.actabiomedica.it](http://www.actabiomedica.it))

**Key words:** malignant pleural effusion, tuberculous pleural effusion, cancer ratio plus, cancer ratio, parapneumonic effusion, cellblock.

## Introduction

Pleural effusion (PE) is a frequently encountered condition with diverse underlying etiologies. In

addition to malignancy-related causes, PE may result from tuberculous pleural effusion (TPE), parapneumonic effusion (PPE), pancreatitis, trauma, systemic lupus erythematosus (SLE), cirrhosis, or renal failure (1).

Despite its prevalence, identifying the cause of PE is not always straightforward. The initial approach typically relies on clinical evaluation with imaging studies with blood and pleural fluid analyses. These investigations are advantageous due to their simplicity, affordability, and accessibility, making them feasible for performance even at primary healthcare levels. However, differentiating MPE from non-MPE cases remains challenging, and delays in diagnosing MPE can negatively impact outcomes (2). Invasive procedures such as pleural biopsy can improve diagnostic sensitivity but carry risks of complications (3). Moreover, pleural fluid cytological examinations, such as cellblock and liquid-based cytology, depend highly on laboratory procedures and the pathologist's ability to identify malignant cells (4). Consequently, these methods are challenging to implement at primary healthcare levels due to limitations in resources and specialized expertise. Therefore, there is a need for a simple, cost-effective, yet useful index to aid in the early detection of MPE. Several studies have evaluated the serum lactate dehydrogenase (LDH) to pleural fluid adenosine deaminase (ADA) ratio (sLDH/pADA) (5, 6) and cancer ratio plus (CRp) (7, 8), as calculated by dividing sLDH/pADA by the percentage of pleural fluid lymphocytes, as a potential diagnostic tool for identifying MPE. However, studies were conducted in developed countries with a low burden of tuberculosis. Vietnam is among the countries with the highest tuberculosis burden (9). Both MPE and TPE often share a common feature of lymphocyte-predominant pleural fluid, which may affect the diagnostic performance of sLDH/pADA and CRp (10). Therefore, the utility of these ratios in high-TPE-burden settings remains unclear. This is the first study in Vietnam to evaluate the role of sLDH/pADA and CRp in diagnosing MPE.

## Materials and methodology

This retrospective study was conducted at the Department of Pulmonary Medicine, Cho Ray Hospital (Vietnam), from January 2023 to June 2024. Data were collected from medical records of patients diagnosed with PE at discharge who met the inclusion criteria.

### *Inclusion criteria*

Patients aged 18 years or older were enrolled by identifying medical records with a discharge diagnosis coded as J90 (pleural effusion, not elsewhere classified) according to the International Classification of Diseases, Tenth Revision (ICD-10), during the study period. PE was diagnosed based on findings from chest computed tomography, pleural ultrasound, or thoracentesis showing a pleural fluid volume greater than 10 mL.

### *Exclusion criteria*

We excluded medical records that met any of the following criteria: transudative PE, exudative PE of unknown etiology, empyema, hemothorax, medical records with incomplete data, stage 4–5 chronic kidney disease, severe cirrhosis with a Child-Pugh score  $\geq 7$ , recent myocardial infarction within 7 days, idiopathic pulmonary hypertension, hematologic malignancy, or severe anemia (hemoglobin level  $< 80$  g/L). Patients currently undergoing anti-tuberculosis treatment were also excluded.

### *Sample size*

We used the following formula to calculate the sample size based on the expected sensitivity and specificity (11):

$$N_{Sens} = \frac{Z_{1-\alpha/2}^2 Sens(1 - Sens)}{d^2(1 - Prev)},$$

$$N_{Spec} = \frac{Z_{1-\alpha/2}^2 Spec(1 - Spec)}{d^2(1 - Prev)}$$

N is the required sample size for estimating either sensitivity ( $N_{Sens}$ ) or specificity ( $N_{Spec}$ ).  $Z_{1-\alpha/2}$  is the corresponding coefficient for a 95% confidence interval, where  $\alpha = 5\%$ . Sens is the sensitivity of sLDH/pADA with a cut-off value of 20 for diagnosing MPE is 98% (5). Spec is the specificity of sLDH/pADA, with the same cut-off for diagnosing MPE, is 94% (5). Prev is the prevalence of MPE among patients admitted with PE was 23.7% (12). d is the standard error, we chose  $d = 4\%$ . Using this formula, the minimum

required sample size was calculated to be 199 patients for sensitivity and 178 patients for specificity. Our study included 204 patients.

### *Definition of variables*

We defined transudative and exudative PE based on Light's criteria (13). MPE was diagnosed by identifying malignant cells on pleural tissue histology or immunohistochemistry of pleural fluid cellblock, with negative acid-fast bacilli (AFB) testing of pleural fluid (2). TPE was confirmed by positive pleural fluid AFB staining or biopsy findings consistent with tuberculosis (14). PPE was identified based on clinical and radiological signs of infection, characteristic pleural fluid (neutrophil predominance, low glucose, high LDH), positive cultures when available, and response to antibiotics (15). PE caused by SLE, chylothorax, and pancreatitis were diagnosed according to expert consensus and well-established diagnostic criteria (16–18). Pleural fluid cellblock and pleural tissue histopathology were performed using techniques previously reported at our institution (4, 19).

We collected the following data: age, sex, smoking history, hypertension, diabetes mellitus, history of tuberculosis, chronic obstructive pulmonary disease, dyspnea, chest pain, fever (body temperature  $>38^{\circ}\text{C}$ ), weight loss ( $>10\%$  body weight within 6 months), hemoglobin, white blood cell count, serum glucose, protein, and LDH. The location of PE was determined by thoracic ultrasound (20), while the volume of PE was classified on chest X-ray as minimal, moderate, or massive (21). The following pleural fluid parameters were recorded: color, proportions of neutrophils and lymphocytes, LDH, ADA, glucose, and protein. Blood tests were performed simultaneously with thoracentesis. All patients underwent blind pleural biopsy or pleural fluid cellblock for the definitive diagnosis and exclusion of MPE.

### *Statistical analysis*

Statistical analysis was conducted using STATA version 15.1 (StataCorp, College Station, TX). Continuous data was expressed as mean  $\pm$  standard deviation or as median with interquartile range for

variables not normally distributed. Categorical data were summarized as frequencies and percentages. Comparisons between the MPE and non-MPE groups were performed using the Chi-square test or Fisher's exact test for small sample sizes. The independent t-test was applied to compare means, while the Mann–Whitney U test was used for non-parametric comparisons. Normality of data distribution was assessed using the Kolmogorov–Smirnov test. The diagnostic performance was evaluated using receiver operating characteristic (ROC) curve analysis. An area under the curve (AUC)  $\geq 0.9$  was considered excellent, 0.8–0.9 as good, 0.7–0.8 as fair, 0.6–0.7 as poor, and 0.5–0.6 as failed (22). The optimal cut-off point was determined using the Youden index. Sensitivity, specificity, positive predictive value (PPV), negative predictive value (NPV), positive likelihood ratio (LR+), and negative likelihood ratio (LR-) were calculated. A *p*-value of  $<0.05$  was considered statistically significant.

### *Medical ethics*

The study was approved by the Ethical Review Committee of the University of Medicine and Pharmacy at Ho Chi Minh City (Approval No. 805 IRB-VN01002/IORG0008603/FWA00023448). Informed consent was waived due to the retrospective nature of the study.

## **Results**

Between January 2023 and June 2024, we reviewed 320 medical records of patients diagnosed with PE at the Department of Pulmonary Medicine, Cho Ray Hospital. Among these, 70 cases were identified as transudative PE, 44 exudative PE cases were excluded due to undetermined etiology resulting from inadequate data, along with 1 case of empyema and 1 case of hemothorax. Finally, 204 cases of exudative PE were recruited. Of these, 119 cases were MPE, 38 cases were TPE, 32 cases were PPE, and 15 were exudative PE due to other etiologies (6 cases of PE secondary to SLE, 4 cases of chylothorax, and 5 cases of PE associated with pancreatitis). The study population

was stratified into MPE group (n=119, 58.3%) and non-MPE group (n=85, 41.7%).

#### Patient characteristics

Table 1 presents the baseline characteristics of the study population. Compared to the non-MPE group, the MPE group was significantly older, had a lower proportion of fever, and a higher proportion of weight loss (all  $p < 0.05$ ). Serum LDH was significantly higher in the MPE group ( $p=0.03$ ).

#### Pleural fluid characteristics

Table 2 outlines the pleural fluid characteristics of the study population. MPE cases showed significantly lower neutrophil ratio, ADA, LDH, and protein levels than the non-MPE group. Conversely, MPE patients had higher glucose, sLDH/pADA, and CRp (all  $p < 0.05$ ). We compared sLDH/pADA and CRp between MPE and TPE groups, finding significant differences for both parameters ( $p=0.001$ , Mann-Whitney U test). In comparisons between MPE and

**Table 1.** Baseline of the study population (N=204)

Variables	MPE (n=119)	Non-MPE (n=85)	TPE (n=38)	PPE (n=32)	$p^a$
Age (median [IQR])	68 [61–76]	57 [41–71]	62 [45–75]	55 [42–69]	<b>0.001<sup>b</sup></b>
Male (%)	65 (54.6%)	55 (64.7%)	27 (71.1%)	22 (68.8%)	0.194 <sup>b</sup>
Smoker (%)	46 (38.7%)	44 (51.8%)	24 (63.2%)	16 (50.0%)	0.063 <sup>c</sup>
Hypertension (%)	41 (34.5%)	36 (42.4%)	5 (13.2%)	16 (50.0%)	0.251 <sup>c</sup>
Diabetes mellitus (%)	27 (22.7%)	20 (23.5%)	6 (15.8%)	9 (28.1%)	0.542 <sup>d</sup>
History of tuberculosis (%)	17 (14.3%)	15 (17.6%)	8 (21.1%)	7 (21.9%)	0.561 <sup>d</sup>
COPD (%)	15 (12.6%)	14 (16.5%)	4 (10.5%)	10 (31.3%)	0.542 <sup>d</sup>
Dyspnea (%)	47 (39.5%)	33 (38.8%)	15 (39.5%)	11 (34.4%)	0.923 <sup>c</sup>
Chest pain (%)	20 (16.8%)	12 (14.1%)	7 (18.4%)	5 (15.6%)	0.084 <sup>d</sup>
Fever (>38°C) (%)	52 (43.7%)	72 (84.7%)	30 (78.9%)	32 (100.0%)	<b>0.001<sup>c</sup></b>
Weight loss (%)	27 (22.7%)	9 (10.6%)	5 (13.2%)	4 (12.5%)	<b>0.027<sup>d</sup></b>
Hemoglobin (g/dL) (mean $\pm$ SD)	107.7 $\pm$ 18.5	104.4 $\pm$ 17.0	104.1 $\pm$ 16.8	103.4 $\pm$ 15.7	0.194 <sup>c</sup>
WBC (G/L) (median [IQR])	6.0 [3.0–12.0]	12.0 [8.0–23.0]	8.1 [4.0–12.2]	17.5 [12.0–25.0]	0.194 <sup>b</sup>
Serum glucose (mg/dL) (median [IQR])	124 [87–199]	115 [67–197]	116 [87–217]	110 [65–230]	0.335 <sup>b</sup>
Serum protein (g/L) (median [IQR])	5.8 [5.4–6.4]	6.1 [5.4–6.7]	6.0 [5.0–6.5]	5.8 [4.9–6.7]	0.084 <sup>b</sup>
Serum LDH (U/L) (median [IQR])	299 [230–436]	265 [209–356]	270 [221–331]	296 [206–464]	<b>0.030<sup>b</sup></b>
Location of pleural effusion					
Left (%)	32 (26.9%)	22 (25.9%)	10 (26.3%)	11 (34.4%)	0.051 <sup>c</sup>
Right (%)	35 (29.4%)	38 (44.7%)	17 (44.7%)	11 (34.4%)	
Both sides (%)	52 (43.7%)	25 (29.4%)	11 (28.9%)	10 (31.3%)	
Volume of pleural effusion					
Minimal to moderate (%)	68 (57.1%)	57 (67.1%)	34 (89.5%)	22 (68.8%)	0.109 <sup>d</sup>
Massive (%)	51 (42.9%)	28 (32.9%)	4 (10.5%)	10 (31.3%)	

*Abbreviations:* MPE: malignant pleural effusion; TPE: tuberculous pleural effusion; PPE: parapneumonic effusion; IQR: interquartile range; COPD: chronic obstructive pulmonary disease; SD: standard deviation; WBC: white blood cells; LDH: lactate dehydrogenase. <sup>a</sup>Comparison between MPE and non-MPE groups. <sup>b</sup>Mann-Whitney U test. <sup>c</sup>Chi-square test. <sup>d</sup>Fisher's exact test, <sup>e</sup>Independent t-test. The  $p$ -value  $< 0.05$  is highlighted in bold.

**Table 2.** Pleural fluid characteristics of the study population (N=204)

Variables	MPE (n=119)	Non-MPE (n=85)	TPE (n=38)	PPE (n=32)	<i>p</i> <sup>a</sup>
Color	12 (10.1%)	9 (10.6%)	7 (18.4%)	0 (0.0%)	0.055 <sup>b</sup>
Orange (%)	36 (30.3%)	15 (17.6%)	6 (15.8%)	6 (18.8%)	
Red (%)	8 (6.7%)	1 (1.2%)	1 (2.6%)	0 (0.0%)	
Pink (%)	63 (52.9%)	60 (70.6%)	24 (63.2%)	26 (81.3%)	
Yellow (%)					
Neutrophil ratio (%) (median [IQR])	19.4 [4.5–22.3]	39.6 [23.4–47.0]	5.5 [2.0–18.0]	81.0 [69.2–91.3]	<b>0.001<sup>c</sup></b>
Lymphocyte ratio (%) (median [IQR])	51.1 [22.1–66.8]	48.6 [22.1–77.6]	81.0 [67.0–93.3]	7.0 [3.3–16.8]	0.573 <sup>c</sup>
LDH (U/L) (median [IQR])	352 [192–577]	479 [267–1053]	323 [213–549]	1496 [708–3067]	<b>0.001<sup>c</sup></b>
ADA (U/L) (median [IQR])	6.8 [2.3–10.9]	32.6 [16.6–45.7]	39.3 [17.1–49.7]	26.3 [13.4–58.0]	<b>&lt;0.001<sup>c</sup></b>
Glucose (mg/dL) (median [IQR])	116 [80–145]	89 [59–112]	93 [79–108]	65 [5–97]	<b>&lt;0.001<sup>c</sup></b>
Protein (g/L) (median [IQR])	3.6 [3.0–4.3]	4.1 [3.5–4.8]	4.1 [3.6–4.7]	4.0 [3.0–4.9]	<b>0.002<sup>c</sup></b>
sLDH/pADA (median [IQR])	53.3 [25.0–143.0]	9.4 [5.9–17.3]	8.4 [5.4–17.9]	26.2 [13.4–58.0]	<b>&lt;0.001<sup>c</sup></b>
CRp (median [IQR])	1.3 [0.4–4.0]	0.3 [0.1–1.4]	0.1 [0.06–0.3]	1.8 [0.6–3.9]	<b>&lt;0.001<sup>c</sup></b>

*Abbreviations:* MPE: malignant pleural effusion; TPE: tuberculous pleural effusion; PPE: parapneumonic effusion; IQR: interquartile range; LDH: lactate dehydrogenase; ADA: adenosine deaminase; sLDH/pADA: serum lactate dehydrogenase to pleural fluid adenosine deaminase ratio; CRp: cancer ratio plus. <sup>a</sup>Comparison between MPE and non-MPE groups. <sup>b</sup>Fisher's exact test. <sup>c</sup>Mann-Whitney U test. The *p*-value <0.05 is highlighted in bold.

PPE groups, sLDH/pADA differed significantly ( $p < 0.001$ , Mann-Whitney U test), while CRp did not ( $p = 0.458$ , Mann-Whitney U test).

#### *The value of diagnostic methods for malignant pleural effusion*

Table 3 presents the diagnostic value of sLDH/pADA and CRp in identifying MPE based on different cut-off points. For sLDH/pADA, the best cut-off value is 20, which yields a sensitivity of 85%, specificity of 79%, PPV of 85%, and NPV of 79%. For CRp, the optimal cut-off is 18, with a sensitivity of 73%, specificity of 58%, PPV of 68%, and NPV of 42%.

Table 4 presents the diagnostic value of different methods for detecting MPE. Pleural fluid cellblock shows an AUC of 0.7 with low sensitivity (40.3%). Pleural tissue histopathology achieves the highest diagnostic accuracy, with an AUC of 0.9. sLDH/pADA (cut-off of 20) has an AUC of 0.85, sensitivity of 85%,

and specificity of 79% (Figure 1). Meanwhile, CRp (cut-off of 18) yields an AUC of 0.72, with a lower specificity at 58.0% (Figure 1).

#### **Discussion**

Our study contributes to the literature by evaluating the diagnostic utility of sLDH/pADA and CRp in identifying MPE in a high tuberculosis burden setting. We found that sLDH/pADA effectively differentiated MPE from non-MPE, including TPE and PPE, with an optimal cut-off of 20 and an AUC of 0.85. Although CRp was expected to enhance diagnostic performance, it did not significantly differentiate MPE from PPE and showed lower performance (cut-off of 18 with 0.72 AUC) in both sensitivity and specificity in identifying MPE. MPE in patients with malignancy can originate through various mechanisms. Direct tumor effects, such as lymphatic obstruction or



**Table 3.** The value of sLDH/pADA and CRp based on the cut-off point

Cut-off	Sens (%)	Spec (%)	PPV (%)	NPV (%)	LR+	LR-
sLDH/pADA						
15	90	72	82	84	3.2	0.14
18	85	75	83	78	3.4	0.20
<b>20</b>	<b>85</b>	<b>79</b>	<b>85</b>	<b>79</b>	<b>4.0</b>	<b>0.19</b>
22	82	80	85	76	4.1	0.23
25	77	85	88	73	5.1	0.27
CRp						
16	65	85	97	15	4.4	0.4
17	70	67	83	33	2.1	0.5
<b>18</b>	<b>73</b>	<b>58</b>	<b>68</b>	<b>42</b>	<b>1.7</b>	<b>0.5</b>
19	65	85	97	15	4.4	0.4

*Abbreviations:* Sens: sensitivity; Spec: specificity; PPV: positive predictive value; NPV: negative predictive value; LR: likelihood ratio; sLDH/pADA: serum lactate dehydrogenase to pleural fluid adenosine deaminase ratio; CRp: cancer ratio plus. The best cut-off value is highlighted in bold.

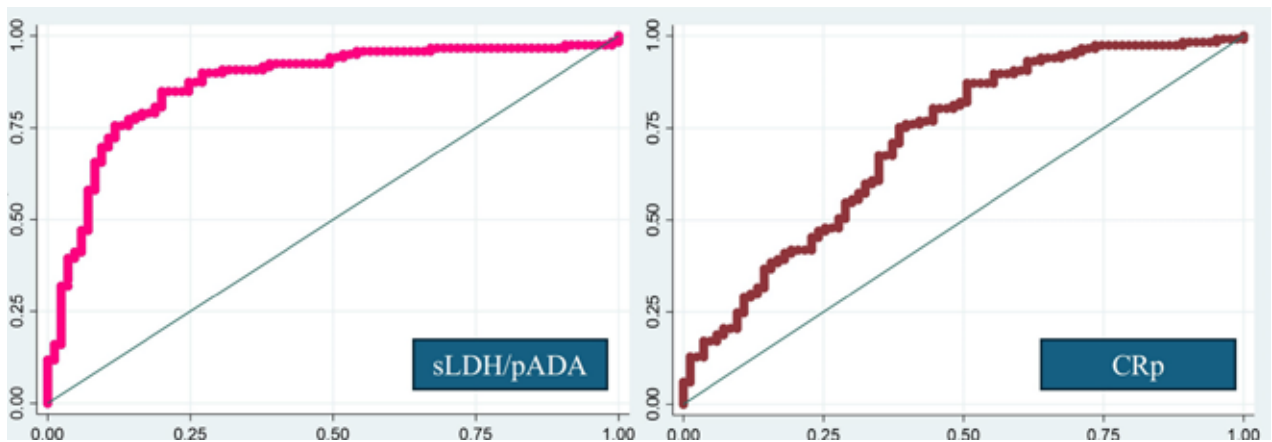
**Table 4.** The value of diagnostic methods for malignant pleural effusion

Variables	AUC	Sens (%)	Spec (%)
Pleural fluid cellblock	0.70	40.3	100.0
Blind pleural biopsy	0.90	75.6	100.0
sLDH/pADA (cut-off of 20)	0.85	85.0	79.0
CRp (cut-off of 18)	0.72	73.0	58.0

*Abbreviations:* AUC: area under the curve; Sens: sensitivity; Spec: specificity; sLDH/pADA: serum lactate dehydrogenase to pleural fluid adenosine deaminase ratio; CRp: cancer ratio plus.

thoracic duct blockage, and systemic factors, including pulmonary embolism or hypoalbuminemia, are known contributors (23). Recent studies have highlighted the role of vascular endothelial growth factor secreted by tumor cells, which increases vascular permeability and promotes pleural fluid accumulation (24). Therefore, identifying malignant cells within the pleural cavity is crucial for determining appropriate treatment strategies. The gold standard for diagnosing MPE typically involves pleural fluid cytology or histopathological examination of pleural tissue (25). However, pleural fluid cytology has relatively low sensitivity, with an overall rate of 58.2% (26). Blind pleural biopsy has a lower sensitivity, around 43% (27). The diagnostic yield of

these procedures can be influenced by the number of procedures performed, the histological type of malignancy, laboratory techniques, and the experience of the pathologist. Therefore, a reliable, accessible index is needed at the primary care level to identify high-risk MPE patients and ensure timely referral for specialized evaluation. LDH is a ubiquitously expressed enzyme, especially abundant in energy-demanding organs like muscles, liver, kidneys, lungs, heart, and blood cells (28). Elevated serum LDH can result from various conditions, including cardiopulmonary diseases, cancer, fractures, infections/inflammation, cirrhosis, hypothyroidism, uremia, idiopathic causes, idiopathic pulmonary hypertension, pulmonary hypertension secondary to hematologic malignancies etc, (28-30). ADA is a crucial enzyme involved in the differentiation of T-lymphocytes (31). ADA levels are typically elevated in chronic infectious diseases such as TPE (32). ADA comprises two isoenzymes, ADA1 and ADA2, in lymphocytes, monocytes, and macrophages. Therefore, elevated pleural fluid ADA levels may also be observed in PPE and connective tissue disease-related PE (31-33). An ADA cut-off value of 40 IU/L has been widely validated for its high sensitivity and specificity in diagnosing TPE, reflecting the robust activation of T-lymphocytes during the immune response (14, 31, 32). In contrast, although



**Figure 1.** ROC curves of sLDH/pADA (cut-off of 20) and CRp (cut-off of 18) in the diagnosis of malignant pleural effusions. Abbreviations: sLDH/pADA: serum lactate dehydrogenase to pleural fluid adenosine deaminase ratio; CRp: cancer ratio plus; ROC: receiver-operating characteristic curve.

MPE may also present with lymphocyte-predominant pleural fluid, the functional activity of lymphocytes is often impaired by tumor progression, resulting in lower ADA levels (7, 34). However, serum LDH, pleural ADA, and lymphocyte ratio alone are unreliable for diagnosing MPE, although their differences between MPE and non-MPE groups were statistically significant in our study and others (Table 5). sLDH/pADA and CRp were developed based on the following observations: (1) serum LDH levels are generally higher in patients with MPE than in non-MPE cases, (2) pleural fluid ADA levels are typically lower in MPE, particularly compared to TPE and PPE, and (3) pleural lymphocyte ratios tend to be lower in MPE than in TPE (5-7, 33, 35). Therefore, both sLDH/pADA and CRp have been applied in several studies, demonstrating promising results (Table 5).

Table 5 shows that sLDH/pADA has a strong diagnostic value for MPE, with most studies reporting AUC  $\geq 0.8$ , cut-off values from 10.6 to 20, sensitivity of 85–98%, and specificity of 68–94%, except for one study by Gayaf (2021) with a lower AUC. A possible explanation for the difference may arise from Gayaf's study including only MPE, TPE, and PPE cases, while ours had broader inclusion criteria for exudative PE and excluded conditions that elevate serum LDH (e.g., cirrhosis, renal failure, myocardial infarction). Additionally, Gayaf reported higher pleural

ADA in MPE ( $11.5 \pm 9.0$  U/L vs. 6.8 U/L) but lower ADA in PPE (14.9 U/L vs. 26.3 U/L) compared to our findings. Several studies have reported markedly different median pleural fluid ADA levels in patients with MPE. For instance, Shimoda's study reported a median ADA level of 54.1 U/L (36), Lee's study found 23 U/L (37), and Terra's study reported 21.6 U/L (38). Moreover, elevated pleural ADA levels have been associated with poorer prognosis in patients with MPE (38). In cases of PPE, we also observed a wide variability in pleural fluid ADA levels across studies (8, 15, 33). This may be attributed to the biological nature of ADA as an enzyme present in lymphocytes and macrophages. Consequently, when pleural fluid contains a high cellular burden, such as abundant malignant cells or macrophages in empyema, ADA levels can vary significantly, potentially impacting the reliability of sLDH/pADA between studies. Therefore, the diagnostic value of sLDH/pADA may vary depending on population characteristics, anthropometric factors, cancer cell types, cancer stages, or, specifically in PPE cases, the timing of thoracentesis and prior antibiotic use. Hence, multicenter and multinational studies are essential to validate and promote the broader clinical application of sLDH/pADA. Regarding CRp, our study yielded rather disappointing results, as CRp did not improve the sensitivity or specificity compared to sLDH/pADA in diagnosing MPE. This outcome is

**Table 5.** The diagnostic value of sLDH/pADA and CRp in previous studies

Author (year)	AUC	Cut-off	Sens	Spec	PPV	LR+	LR-
<b>sLDH/pADA</b>							
Verma (2016) (5)	0.81	20.0	98.0	94.0	97.0	32.6	0.03
Verma (2016) (7)	0.81	20.0	95.0	85.0	94.0	16.0	0.13
Zhang (2017) (6)	0.84	10.6	94.0	72.6	N/A	N/A	N/A
Korczyk ski (2018) (35)	0.83	16.4	94.6	68.2	N/A	2.97	0.08
Gayaf (2021) (8)	0.73	14.3	84.2	52.7	61.6	1.78	0.30
Our study (2025)	0.85	20.0	85.0	79.0	85.0	4.0	0.19
<b>CRp</b>							
Verma (2016) (7)	0.86	30.0	97.6	94.1	97.0	41.0	0.06
Gayaf (2021) (8)	0.69	28.7	82.2	45.8	53.9	1.52	0.39
Our study (2025)	0.72	18.0	73.0	58.0	68.0	1.7	0.50

*Abbreviations:* AUC: area under the curve; Sens: sensitivity; Spec: specificity; PPV: positive predictive value; LR: likelihood ratio; sLDH/pADA: serum lactate dehydrogenase to pleural fluid adenosine deaminase ratio; CRp: cancer ratio plus; N/A: not applicable.

understandable, given that the proportion of lymphocytes in pleural fluid did not significantly differ between the MPE and non-MPE groups in our study. Therefore, further research is needed to clarify the diagnostic role of CRp. Our study has several limitations. Firstly, the retrospective design introduces the possibility of data inaccuracy or missing information from medical records. Secondly, we included only patients with exudative PE, thus excluding approximately 10% of MPE cases that may present with transudative effusions (39, 40). Moreover, we did not have information on the primary origin of malignant cells in the MPE cases, so we could not analyze the influence of the histopathological type on sLDH/pADA and CRp. Thirdly, we did not analyze the diagnostic performance of sLDH/pADA and CRp across different age groups. Huang concluded that age may influence the diagnostic accuracy of sLDH/pADA in MPE, potentially limiting its value in elderly patients (41). Finally, the results of this study should be interpreted cautiously in countries with a low prevalence of TPE.

## Conclusion

sLDH/pADA showed high sensitivity and good diagnostic value for identifying MPE, while CRp did

not enhance accuracy. The findings support sLDH/pADA as a useful tool for distinguishing MPE, especially in tuberculosis-endemic regions. Multicenter and multinational studies are essential to validate and promote the broader clinical application of sLDH/pADA.

**Ethic Approval:** The study was approved by the Ethical Review Committee of the University of Medicine and Pharmacy at Ho Chi Minh City (Approval No. 805 IRB-VN01002/IORG0008603/FWA00023448, 2024).

**Conflict of Interest:** Each author declares that he or she has no commercial associations (e.g. consultancies, stock ownership, equity interest, patent/licensing arrangement etc.) that might pose a conflict of interest in connection with the submitted article.

**Authors' Contributions:** NVH, HNH, and NDM: conceptualization, methodology, investigation, resources, visualization, writing - original draft/review, and editing. KND, QKTL, NTN, and VLF: methodology, data curation, formal analysis, writing - review, and editing. All authors contributed to the article and approved the submitted version.

**Declaration on the Use of AI:** None.



**Consent to Participate:** Informed consent was waived due to the study's retrospective nature.

**Funding:** None.

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Received: 2 May 2025

Accepted: 2 June 2025

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